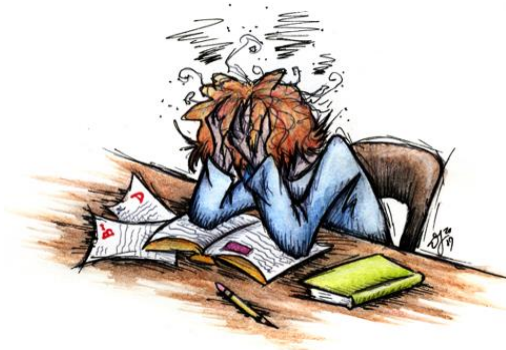


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Trumbull High School Interact Club Presents:

**-TIPS & TOOLS FOR MID-TERM EXAM PREP-**  
**HOW TO MAKE STRESS YOUR ALLY INSTEAD OF YOUR ADVERSARY**



**\*\*\*\*DATE/TIME: MONDAY JANUARY 6, 2020, 2:30PM TIL 3:15PM\*\*\*\***

**LOCATION: See Hope Spalla, Interact Club Co-Adviser, Rm#B13 / [hspalla@trumbullps.org](mailto:hspalla@trumbullps.org)**

**FACILITATED BY Abundant Life Coach, Vivian C. Hardison, MA of the Trumbull Rotary Club**



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